



DREAM PHASE

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JOHN MAXWELL'S DEFINITION OF A DREAM

“A dream is an inspiring picture of the future that energizes your mind, will and emotions, empowering you to do everything you can to achieve it” (Maxwell, 2009).

DISARM, DISCOVER AND DREAM

- In order to have a successful Dream phase advisors will need to have built a strong foundation in the Disarm and Discover phase
- Dreams can be very personal

CREATING POWERFUL IMAGE

- Help students unlock their dreams
- Have them visualize their dream
- Help them to fully explore their dream
- Let them dream without limits

FRAMEWORK FOR DREAMING

- Help student to start process and get excited about the plan they are about to make.
- Dream not about choosing perfect major but rather putting into words what the student wants from life (Bloom, 2016)
- Guided questions to start process
- Advisors help student to ignore any roadblocks in dreaming process

PARALLEL PLANS

- Envisioning what might be, leads to what should be and how you will get there – “Recurring Themes”
- Students have choices and options - Encourage students to be open to possibilities
- Make connections between students strengths and dreams shared to help link with career paths

IMPORTANT ADVISOR BEHAVIORS

- Overcoming personal and student stereotypes and biases – why can't this student be successful?
- Listen without immediate feedback
- Encourage students to be open to all possibilities
- Appreciative advisors do not negate nor ignore problems – We help students work to overcome them

OBSTACLES STUDENTS FACE TO DREAMING

- Family Pressure
- Confidence
- Dream job and skill set do not match
- Financial
- Lack of knowledge



ACTIVITY

- Imagine you have no limits (time, money, education) share your dream with us to help us create a SouthALACADA dream board
- Take a piece of paper and use your imagination to express your dream (write, draw, poem etc...)
- Once you have your dream down on paper please come place it on the SouthALACADA dream wall